

Pastoral Care Resources

Pastoral Care

This summary of Pastoral Care resources has been compiled to assist church and circuit leaders to consider support for pastoral care provision.

If you would like to discuss how these resources could assist in being part of a package of Pastoral Care please contact the **Training Officer, David Syson Tel. 01260 223343, dsyson@googlemail.com**

Just Listen

Just Listen is a lively practical way of beginning to develop the listening attitudes and skills we need. Produced by the **Acorn Christian Foundation** the course offers foundational teaching on the value listening to others, to God and to ourselves. The course is available on DVD and course booklet.

Part 1

Module 1 Tuning In - listening in a noisy world

Module 2 Sharpening the focus - What kind of listener am I?

Module 3 A listening attitude - Following Jesus' example

Part 2

Module 4 Identifying Obstacles - What stops me listening?

Module 5 Doorways - Choosing to listen

Module 6 What next? - Some ideas to inspire you

Each part takes 2 hours therefore the course can be completed in 4 hours.

<http://www.acornchristian.org/listening/just-listen/>

Pastoral Care Foundation Course (ACC)

Dates: arranged with church or circuit leadership

The **Association of Christian Counsellors** Pastoral Care Foundation Course aims to develop those with a heart for pastoral care, helping them be enabled to release the hands, feet and voice of Jesus into their local communities.

The programme includes:

- pastoral care from a Christian perspective
- the dimensions of human need
- the nature of a caring relationship from a Christian perspective and define the personal qualities necessary to build this
- acquire and develop appropriate listening and responding skills
- identify and know how to access and utilise relevant personal, spiritual and community resources
- identify and understand principles of spiritual, emotional, physical and sexual safety within the context of pastoral care, and know how to apply these principles in caring relationships
- reflect on learning and applying it in a pastoral care context
- recognise where further growth and development would be beneficial

Course Content:

Session 1 Introduction
Session 2 Biblical Perspective
Session 3 Human Need
Session 4 The Caring Relationship
Session 5 Listening to Self and God
Session 6 Listening to Others (1)
Session 7 Listening to Others (2)
Session 8 Safe Practice
Session 9 Resources
Session 10 Going Out and Close

Location: Own church

Duration: 40 hours (20 hours group work 20 hours individual)

Cost: Costs of printing materials

<http://www.acc-uk.org/1504/>

Encircled in Care (Methodist Church)

Dates arranged with church or circuit leadership

The pack contains three foundation sessions, focusing on why we care, skills needed in our caring and the development of good practice. There are a further nine issue-based sessions, covering some of the situations that pastoral visitors might need to respond to or be involved with.

The programme covers:

- Prayer in pastoral care
- Connecting care and discipleship
- Children young people and pastoral care
- Across generations
- Extended communion
- Health healing and well being
- Mental health
- Loss and bereavement
- Domestic abuse

Location: Own church

Duration: 20 - 30 hours group work

Cost: Costs of printing materials